

**HERO**™ | SERIES



# RACE BOOK

**UCI MTB MARATHON**

**Val Gardena,  
Dolomites/Italy**

Saturday, 15.06.2024

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## 1. SCHEDULE

<b>THURSDAY</b> 13/06/24	09.00 am - 05.00 pm	Unofficial Training	Course 86 km and 60 km
	02.00 pm - 09.00 pm	Collection of race numbers	Selva Val Gardena Ice Stadium Pranives, Str. Nives 17
<b>FRIDAY</b> 14 June 2024	09.00 am - 05.00 pm	Course inspection by the UCI Technical Delegate	Course 86 km and 60 km
	09.00 am - 05.00 pm	Unofficial Training	Course 86 km and 60 km
	08.00 am - 09.00 pm	Collection of race numbers	Selva Val Gardena Ice Stadium Pranives, Str. Nives 17
	12.00 pm - 04.30 pm	<b>2024 UCI MTB Marathon</b> – riders registration	Selva Val Gardena Ice Stadium Pranives, Str. Nives 17
	05.00 pm	Press Conference	Selva Val Gardena, 'Tublá da Nives'
	06.00 pm	<b>2024 UCI MTB Marathon</b> – Team Managers Meeting	Selva Val Gardena, Casa di Cultura "Oswald von Wolkenstein"
<b>SATURDAY</b> 15 June 2024	07.10 am	<b>2024 UCI MTB Marathon</b> Start Women	Selva Val Gardena Str. Meisules
	07.20 am	<b>2024 UCI MTB Marathon</b> Start Men	
	07.25 am	HERO Südtirol Dolomites 2024	
	10.45 am	60 km winner's arrival	
	11.45 am	86 km winner's arrival	
		<b>Flower Ceremonies</b> Directly after finish Top 3	
	09.00 pm	PRIZEGIVING CEREMONY	Selva Val Gardena, Medal Plaza

\*Schedule is subject to change

## 2. EVENT NOTICES

### EVENT COMMUNICATIONS

The official website is the primary information portal of the event, where all official announcements will be published.

## 3. CONTACTS

### LOCAL ORGANISER CONTACTS

Chairman: Gerhard Vanzi [gerhard.vanzi@herodolomites.com](mailto:gerhard.vanzi@herodolomites.com)  
Race Director: Peter Runggaldier [peter.runggaldier@tin.com](mailto:peter.runggaldier@tin.com)  
Managing Director: Alexandra Ploner [Alexandra.ploner@herodolomites.com](mailto:Alexandra.ploner@herodolomites.com)  
VIP Hospitality/Sponsor: Elena Runggaldier [elena.runggaldier@herodolomites.com](mailto:elena.runggaldier@herodolomites.com)  
Registration: Samira and Julia [registration@herodolomites.com](mailto:registration@herodolomites.com)  
Accommodation: Romina [accommodation@herodolomites.com](mailto:accommodation@herodolomites.com)  
Communication: Julia Karbon [Julia.karbon@heroworldseries.com](mailto:Julia.karbon@heroworldseries.com)  
Press Contact for Italy: Carlo Brena [carlo.brena@cometapress.it](mailto:carlo.brena@cometapress.it)  
Press contact abroad: Gernot Mussner [gernot@musscomm.it](mailto:gernot@musscomm.it)  
Hero Series: [info@heroworldseries.com](mailto:info@heroworldseries.com)  
Other enquiries: [info@herodolomites.com](mailto:info@herodolomites.com)

### WEBSITES and SOCIALS

Website: <https://www.herodolomites.com/en>  
Instagram: [@herodolomites](https://www.instagram.com/herodolomites)  
X: @HERODolomites  
Facebook: [HERO Südtirol Dolomites](https://www.facebook.com/HERO-Suedtirol-Dolomites)  
YouTube: [HERO Südtirol Dolomites](https://www.youtube.com/HERO-Suedtirol-Dolomites)

## 4. MAPS

### Location

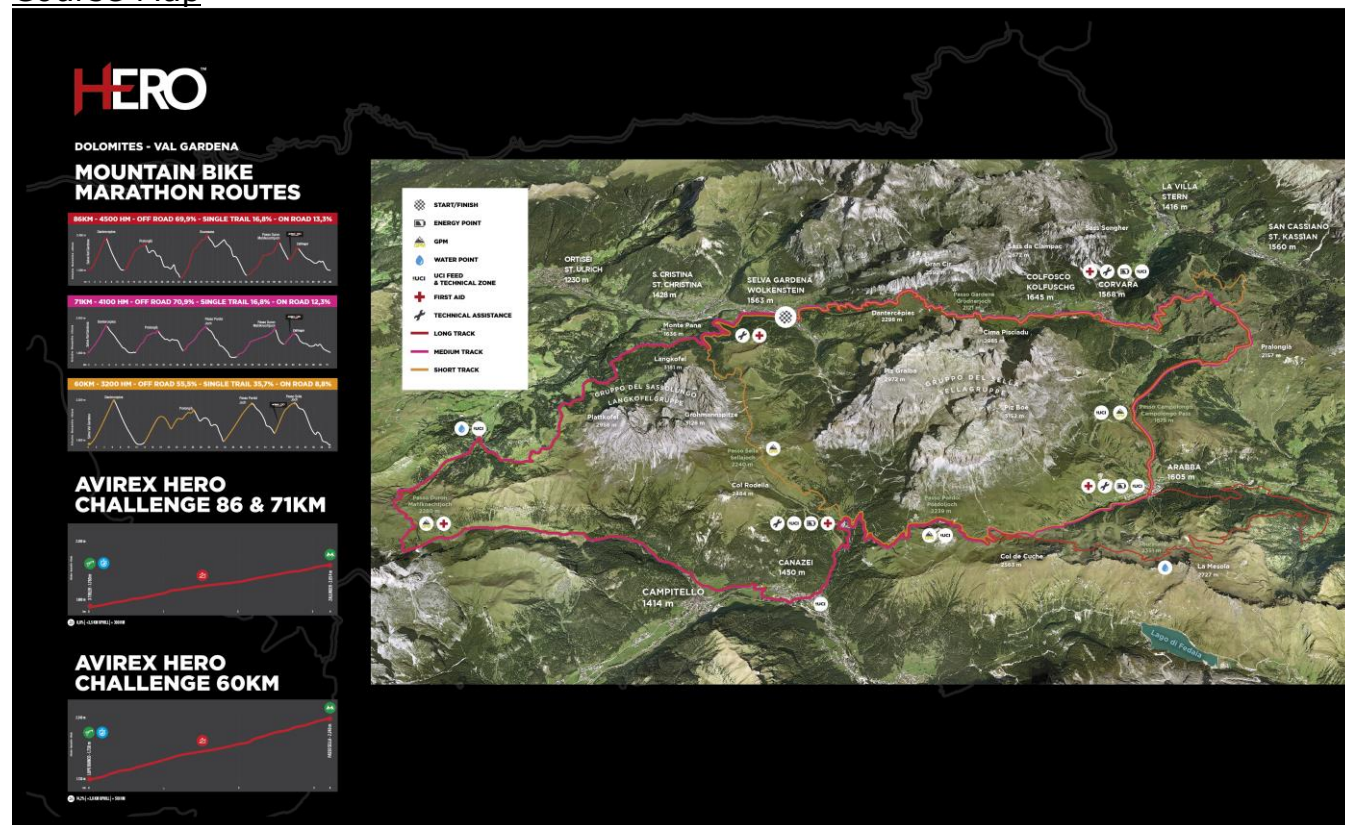


Val Gardena, Dolomites, Italy ([Google Maps](#))

## Venue Map



## Course Map



## 5. ENTRIES

### Rider Registration

#### **XCM**

The registration fee for Elite riders that come from abroad is 110 €.

Registration must be made by sending an email to [registration@herodolomites.com](mailto:registration@herodolomites.com) together with a copy of the certification of membership.

**Elite rider confirmation – 14/06/2024 12.00 pm – 4.30 pm**

#### **OPEN RACING**

Licenced Master and hobby riders can register on

<https://onreg.datasport.com/en/hero-series-hero-suedtirol-dolomites-2024>

### Entry Fees

€ 110,00 For enrolment from 30/06/2023

€ 130,00 For enrolment from 01/07/2023 until 30/09/2023

€ 140,00 For enrolment from 01/10/2023 until 31/01/2024

€ 150,00 For enrolment from 01/02/2024 until 14/06/2024

The registration fee includes a personal race number, mechanical assistance during the race (spare parts not included), refreshment during the race and on arrival, race pack with the event shirt, information and race classifications via SMS/email, printable certificate via Internet and a voucher for the pasta party.

### Cancellation Policy and Changes

It is not possible for a participant to be substituted by another person.

If the participant is unable to start in the edition 2024, the enrolment shall NOT be considered valid for the following edition of the race and the start fee will NOT be refunded.

Until the 10th of May 2024 it is possible to communicate a decision to change from the 60 km race to the 86 km or 71 km one or vice versa. Every biker will receive an individual number. If a participant makes any modifications (change of name or change of race route) after the 10th of May 2024 he/she will receive a number but without his/her name on it.

### Disclaimer / Liability Release

All participants in the HERO Südtirol Dolomites participate at their own risk.

The enrolment, even if done by a third party on one's behalf, infers and provides that the participant accepts to waive any right, direct, or of third parties, against the Organising Committee and all individuals or organisations involved in the event. Furthermore, by enrolling in the event the participant declares to be sufficiently in form to face the challenge required to complete the race.

## Rider Confirmation and Number Collection

**LOCATION – ice rink Pranives in Nivesstr. 17 in Selva Val Gardena:**

The start numbers can be collected only by the participant on presentation of a valid ID (passport, identity card, or driving licence) in original form, and for members of the FCI/UCI membership cards are also required. Photocopies or other types of documents are not acceptable and collection cannot be undertaken by third parties.

### **HOURS**

Thursday 13th June 2024 from 3 pm to 8 pm

Friday 14th June 2024 from 10 am to 8 pm

Saturday 15th June 2024 from 05.30 am to 6.30 am

Rider confirmation for the Élite category and U23 men/women:

Friday 14th of June 2024 from 12 pm to 4.30 pm.

## **6. COURSE**

### Map and GPS ROUTE

The HERO Südtirol Dolomites race is well known for its steep and long uphill climbs. The track will go through the following 4 valleys, which are situated around the Sella Massif: Val Gardena, Val Badia, Arabba, Val di Fassa.

### **2024 UCI MTB Marathon Women Category**

#### ROUTE DESCRIPTION

Distance = 60 km

Altitude Range = 3,200m

55,5 % off road, 35,7 % single trail and 8,8 % on road

07.10 a.m. departure from Selva Val Gardena	1,563 m
uphill to Passo Gardena/Dantercepies	2,298 m
downhill on off road/single trail to Corvara	1,568 m
uphill to Arlara	1,690 m
downhill on single trail and then up to Las Vegas	2,000 m
flat single track to Pralongià	2,157 m
uphill on off road to Passo Campolongo	1,805 m
downhill on single trail to Arabba	1,605 m
uphill on off road to Passo Pordoi	2,239 m
downhill on single trail/off road to Lupo Bianco	1,715 m
uphill on off road to Passo Sella	2,100 m
from here on single trail off road until the finish line in Selva Val Gardena	1,563 m

**10.45 a.m. approx. arrival in Selva Val Gardena (16.80 km/h)**

#### MOST IMPORTANT CLIMBS

Selva – Dantercepies	5.60 KM	801 HM
Corvara - Piz Sorega - Pralongià	11.00 KM	700 HM
Arabba – Passo Pordoi	7.30 KM	687 HM
Lupo Bianco – Passo Sella	3.60 KM	510 HM



**60KM - 3200 HM - OFF ROAD 55,5% - SINGLE TRAIL 35,7% - ON ROAD 8,8%**



[GPS Route here](#)

**2024 UCI MTB Marathon Men Category**

ROUTE DESCRIPTION

Distance = 86 km

Altitude range = 4,500 m

Off road: 69.9 % off road, 16.8 % single trail and 13.3 % on road

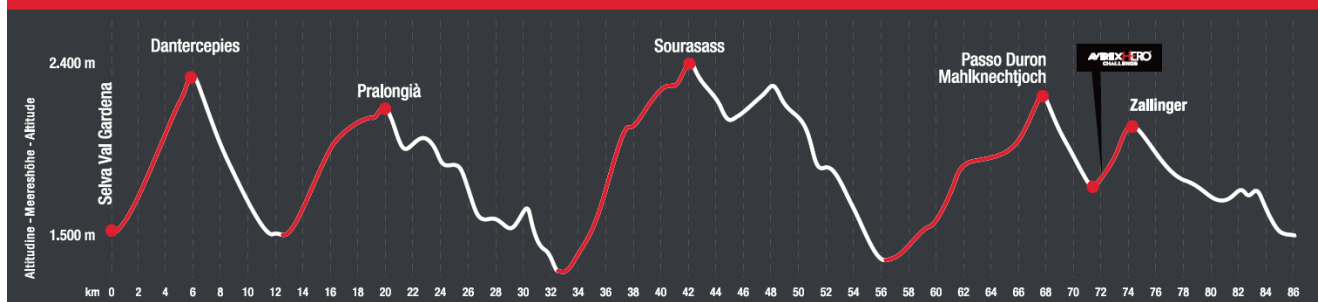
07.20 a.m. departure from Selva Val Gardena	1,563 m
uphill to Passo Gardena/Dantercepies	2,298 m
off road/single trail downhill to Corvara	1,568 m
uphill to Arlara/Pralongià	2,157 m
downhill on single trail to Passo Campolongo	1,805 m
from here downhill on single trail to Arabba	1,605 m
off road to Sourasass	2,351 m
cross on single trail to Passo Pordoi	2,239 m
downhill on single trail/off road to Canazei	1,416 m
then on to Campitello	1,510 m
off road uphill to Passo Duron	2,298 m
from there off-road to the finish line in Selva Val Gardena	1,563 m

**11.45 a.m. approx. arrival in Selva Val Gardena (19.71 km/h)**

MOST IMPORTANT CLIMBES

Selva – Dantercepies	5.60 KM	801 HM
Corvara - Pralongià	7.20 KM	640 HM
Crepaz – Ornella - Seurasass	09.10 KM	967 HM
Canazei - Passo Duron	11.00 KM	793 HM

**86KM - 4500 HM - OFF ROAD 69,9% - SINGLE TRAIL 16,8% - ON ROAD 13,3%**



[GPS ROUTE here](#)

## HERO Challenge

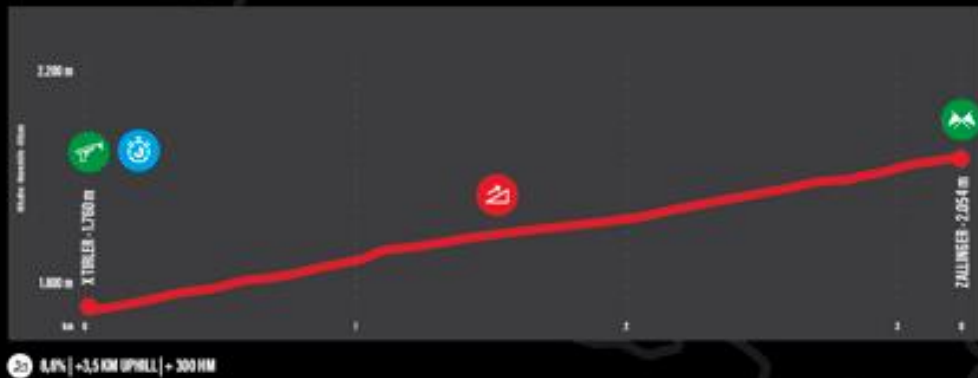
The HERO Challenge will take place on the last ascent of both courses.

86 km - 3.5 km - 300 hm - from Tirlir to Zallinger - within 23 min (18 min for Elite)

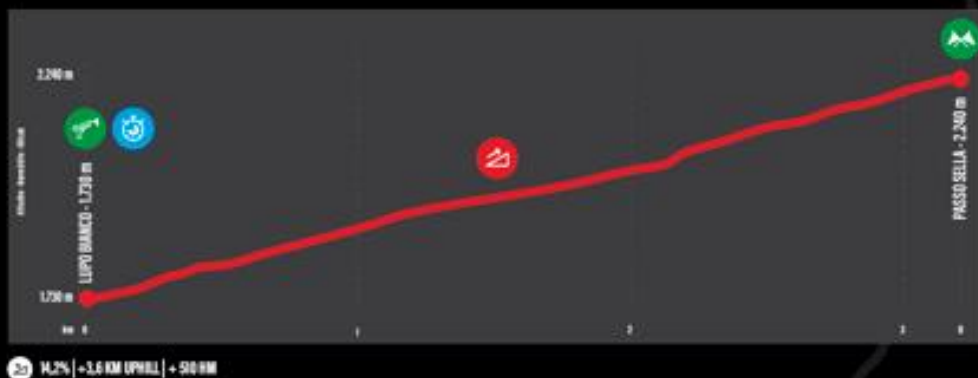
60 km - 3.6 km - 510 hm - from Lupo Bianco to Passo Sella - within 50 min (45 min for Elite)

Everyone who reaches the target of 23/50 minutes will receive a HERO Challenge patch as a prize.

## AVIREX HERO CHALLENGE 86 & 71KM



## AVIREX HERO CHALLENGE 60KM



## Time Limits

### HERO Südtirol Dolomites 60 km

60 km -Women	First Transit	Maximum times
Partenza Selva	07:10	08:55
Passo Gardena	07:45	10:10
Corvara parcheggio Boè	08:05	10:55
I Tablà	<b>08:30</b>	<b>11:45</b>
Pralongia	08:50	12:00
<b>Passo Campolongo</b>	<b>09:05</b>	<b>13:00</b>
Arabba	09:10	13:30
<b>Passo Pordoi</b>	<b>09:45</b>	<b>15:30</b>
Lupo Bianco	09:50	15:45
Passo Sella	10:25	17:30
Incrocio Strenc	10:40	18:00
<b>Selva - Arrivo</b>	<b>10:45</b>	<b>19:15</b>

### HERO Südtirol Dolomites 86 km

86 km - Men	First Transit	Maximum times
Partenza Selva	07:20	08:45
Passo Gardena	07:50	10:00
Corvara Boè	08:05	10:40
I Tablà	<b>08:30</b>	<b>11:45</b>
Pralongia	08:30	11:55
<b>Passo Campolongo</b>	<b>08:45</b>	<b>12:15</b>
Arabba	08:50	13:00
<b>Renaz</b>	<b>09:05</b>	<b>13:00</b>
Paese di Ornella	09:15	13:45
Porta Vescovo (stazione intermedia)	09:40	14:35
<b>Passo Pordoi</b>	<b>10:05</b>	<b>15:30</b>
Lupo Bianco	10:10	15:45
Canazei	10:20	16:40
Passo Duron	11:05	18:10
<b>Selva - Arrivo</b>	<b>11:45</b>	<b>19:15</b>

## 7. RACE LOGISTICS

### Training

Training on the course can be made at any time at the riders' own risk. There is no official training time, with no marshals or medical cover.

### Timing & GPS Tracking

Timing system: Datasport

Racers must carry their timing chips on their bike.

Timing chips will be with your race number.

### TV Operations

A helicopter and camera operatives using quads and motorbikes will be operational throughout the race.

They will not interfere with the race in any way.

### Feed Zones and Technical Assistance Zones

#### Interactive Map (click on UCI logo)

	Location	KM Route 60	KM Route 86	GPS Position	Time of transit Women	Time of transit Men	KM by car	Travel time by car
	Start – Selva Val Gardena	0.00	0.00	46°33'13.92"N - 11°45'35.57"E	7.10	7.20		
1	Corvara – Parking <u>Boé</u>	11.80	11.80	46°32'56.81"N - 11°52'17.82"E	8.05	8.05	19.8	34'
2	Passo Campolongo	28.00	23.00	46°31'8.92"N - 11°52'25.44"E	9.05	8.45	5.9	10'
3	Arabba - <u>Center</u>	30.00	25.00	46°29'47.10"N - 11°52'25.04"E	9.10	8.50	4.5	10'
4	Passo <u>Pordoi</u>	35.50	45.50	46°29'17.54"N - 11°48'39.36"E	9.45	10.05	8.7	20'
5	Lupo Bianco	40.00	50.00	46°29'26.3"N - 11°46'53.7"E	9.50	10.10	7.6	13'
6	Canazei - <u>Center</u>	-	55.45	46°28'33.00"N - 11°46'4.48"E	-	10.20	13.6	25'
7	Tirler	-	70.00	46°31'7.37"N - 11°39'58.83"E	-	11.10	13.0*	35'*
	Finish – Selva Val Gardena	60.00	87.00	46°33'20.39"N - 11°45'23.07"E	10.45	11.45	23.0**	40'**

\* This Feed – Technical Assistance zone is reachable only by shuttle bus.

\*\*Travel time and distance from #6 Canazei back to the finish in Selva Val Gardena

1. **Feed and Tech zone** – GPS data: 46°32'49.27"N 11°52'17.82"E

Address: Parking cable car Boé, Str. Burjé, 39033 Corvara

Arrival Time World Series race: Women 8.05 am / Men 8.05 am

Description of access:

Km 0.0 – from Selva Val Gardena take SS242 toward Passo Gardena

Km 5.3 - at the crossroad turn left on SS243 toward Passo Gardena

Km 5.7 - at the top of Passo Gardena go on on SS243

Km 8.35 – drive down Passo Gardena on SS243 to Corvara

Km 0.45 – turn right on Str. Brujé – Feed – Technical zone #1

Total: 19.80 km /34 minutes

2. **Feed and Tech zone** – GPS data: 46°31'8.92"N11°52'25.44"E

Address: Passo Campolongo Parking 32020 Arabba

Arrival Time World Series race: Women 9.05 am / Men 8.45 am

Description of access:

Km 0.0 - from Parking Boé back to SS243 Str. Morin

Km 0.2 - turn right on to SS243 Str. Morin

Km 0.3 - turn right on to SS244 Str. Col Alt

Km 5.4 – follow SS244 to Passo Campolongo - Feed-Technical zone #2

Total: 5.9 km / 10 minutes

3. **Feed and Tech zone** – GPS data: 46°29'47.10"N11°52'25.04"E

Address: Arabba center Parking Via Mesdi 32020 Arabba

Arrival Time World Series race: Women 9.10 am / Men 8.50 am

Description of access:

Km 0.0 - from Passo Campolongo follow the SS244

Km 4.4 - at the roundabout take the first exit into Via Mesdi Arabba SR48

Km 0.1 - turn right into Parking Porta Vescovo Feed-Technical zone #3

Total: 4.5 km /10 minutes

4. **Feed and Tech zone** – GPS data: 46°29'17.54"N11°48'39.36"E

Address: Passo Pordoi Parking 32020 Arabba

Arrival Time World Series race: Women 09.45 am / Men 10.05 am

Description of access:

Km 0.0 - from Arabba take SR48 toward Passo Pordoi

Km 8.7 - Passo Pordoi - Feed-Technical zone #4

Total: 8.7 km /20 minutes

5. **Feed and Tech zone** – GPS data: 46°29'26.3"N11°46'53.7"E

Address: Lupo Bianco Strada del Pordoi, 5 38032 CANAZEI

Arrival Time World Series race: Women 09.50 am / Men 10.10 am

Description of access:

Km 0.0 - go straight on SR48

Km 6.30 – at the crossroad turn left towards Canazei on SR48

Km 1.30 – at the right side - Feed-Technical zone #5

Total: 7,60 km /13 minutes

6. **Feed and Tech zone** – GPS data: 46°28'33.00"N11°46'4.48"E

Address: Sport Center Canazei Strèda de Cercenà, 3 38032 CANAZEI

Arrival Time World Series race: Men 10.20 am

Description of access:

Km 0.0 - on SR48 drive down towards Canazei

Km 4.20 - at the roundabout take the first exit toward the centre of Canazei on SS48

Km 0.70 - in the centre of Canazei at the crossroads turn left and take Via Roma

Km 0.30 – go straight on Via Roma until the crossroad

Km 0.20 – turn left to the sport centre - Feed-Technical zone #7

Total: 5.90 km /10 minutes

7. **Feed and Tech zone** – GPS data: 46°31'7.37"N11°39'58.83"E

Address: Tirlir Hut Str. Saltria 59 39040 Alpe di Siusi (BZ)

Arrival Time World Series race: Men 11.10 am

Rifugio Tirlir/Alpe di Siusi - Feed – Technical zone #7

Total: 13 km /35 minutes

The first 6 service points are accessible by your own car. The feed and technical zone number 7, which is located at the Tirlir Hut is accessible by a shuttle bus, organised by the Organising Committee. One person for each team will be transported to the service point. Teams need to reserve a seat on Friday 14th of June at the team managers meeting.

Meeting point shuttle bus: Parking Medel Centre, Str. Meisules 22, Selva Gardena

GPS Position: 46°33'28.65"N - 11°44'35.35"E

Start time shuttle bus: 9.30 am

Note: No more than one person for each team is accepted. If the team is not on the reservation list, it is not possible to use the aforementioned service.

### **Feed – Tech Assistance Zones Regulation:**

Tech & feed areas will be clearly signposted and numbered; they are closed to the public and only authorized personnel will be admitted. Technical assistance is allowed in the provided technical zones only, in boxes out of the race course in order not to hamper the competitors. Bicycle spare parts and tools for the bikes must be put down in the technical assistance zones. In each zone, feeding and technical assistance can be done.

In addition to the technical assistance in the provided technical zones, technical assistance is allowed outside of these zones between competitors belonging to the same team or same representation. The competitors can carry tools and spare parts with them as long as these do not pose any danger to themselves and to others.

## **8. START LISTS & RESULTS**

### START LISTS

The start list will be published on Datasport.

### START GRID

**Selva Val Gardena (BZ), in front of the Tourist Office**

60 km UCI MTB Marathon World Series Women  
start time: **07.10 am**

86 km UCI MTB Marathon World Series Men  
start time: **07.20 am**





All athletes participating in the UCI MTB Marathon 2024 have to enter their respective grids from the crossroads in front of Hotel Corona. There is no access to grid 1 and 2 from Nives square.

#### WOMEN



#### MEN



### LIVE TIMING & RESULTS

Race feed and Live Timing: Datasport

Official Results: [Ranking Hero Südtirol Dolomites 2024](#)

### FINISH

Selva Val Gardena (BZ), Nives square

60 km Elite arrival time: **10.45** am approx.

86 km Elite arrival time: **11.45** am approx.



### AWARDS

The Flower Ceremonies will take place directly after the arrival of the top 3 at the Finish Area. The winner, the second and the third placed riders shall be ready for the flower ceremony that shall be conducted under the responsibility of the chief of the commissaries panel.

The unofficial prize giving ceremony will take place at the Medal Plaza at 9.00 pm. The first three placed riders are kindly required to be present.

### PRIZE MONEY

Cash prizes are provided for the first ten positions in the overall classification, taking into consideration both the UCI Marathon Race and the HERO Südtirol Dolomites 2024. In addition, peak prizes will be awarded to the fastest man and woman. More information can be found [here](#).

## 9. RULES

### RACE RULES

Littering is strictly prohibited. No on-board cameras permitted.

The number and the chip, provided by the Organisation, has to be fixed to the handlebars and on the back of the participant in a clearly visible manner. The number cannot be modified or changed in any way.

Bikers must wear a hard safety approved helmet which must be kept fastened throughout the race.

All bikers must carry with them a puncture kit.

Bikers are required to move aside to allow faster bikers to overtake.

Participants who quit the race have to give such communication to the Organisation and hand the number back to the next security controller along the route.

It is severely prohibited to use any form of electric or electronic support on the bike itself.

### DOPING CONTROL

All riders entered into the event must comply with all Anti-Doping regulations and procedures if asked to do so. Failure to do so will result in disqualification from that event and further penalisation as deemed appropriate by WBDS.

WBDS will follow all ITA rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by ITA.

Anti-Doping location: **Casa di Cultura 'Oswald von Wolkenstein'**

## 10. TEAMS

### TEAM AREA ACCESS

To book your team area space please contact [Alexandra.ploner@herodolomites.com](mailto:Alexandra.ploner@herodolomites.com) until May 31<sup>st</sup> 2024.  
Where: Via Nives 17

### FINISH AREA ACCESS

After the team managers meeting, all team managers receive one accreditation badge which allows them to enter the Finish Area.





## 11. VENUE LOGISTICS

### TRAVEL/TRANSPORTATION

#### [How to get there](#)

#### **AIRPORTS**

42 km - Airport Bolzano "Dolomiti": only destinations within Europe  
 130 km - Airport Innsbruck "Kranebitten": only destinations within Europe  
 206 km - Airport Verona "Valerio Catullo" - VRN: international Airport  
 290 km - Airport Bergamo "Orio al Serio" - BGY: international Airport  
 326 km - Airport Munich „Franz Josef Strauß“- MUC: international Airport  
 333 km - Airport Milano Linate - LIN: international Airport  
 374 km - Airport Milano Malpensa - MXP: international Airport

### ACCOMMODATION

Accommodation arrangements for the event are being managed by the Tourist Office of Selva Val Gardena. They will gladly assist all teams where they can. They are best placed to know which accommodation is available in Val Gardena.

Please contact Ms. Romina Rabanser at [accommodation@herodolomites.com](mailto:accommodation@herodolomites.com)

### PARKING

There is a parking possibility under the municipality square about 30 m near the finish area.

### WATER & WASTE MANAGEMENT

Please use the bins provided.

Please find all the water points on our App.

### SECURITY

Security will be in place at the village and team area from Wednesday – Saturday **during nighttime**.

*Please do not leave bikes or equipment unattended at any time. Although surveillance will be in place individuals are responsible for their personal property at all times.*

### BIKE WASH

Selva Val Gardena, Pranives Ice Stadium, Via Nives 17

### PASTA PARTY

The Pasta Party are located at the municipality square, 100 m north of the finish area.

### CHANGING ROOMS

Selva Val Gardena (BZ) c/o Pranives Ice Stadium, Via Nives 17.

Changing rooms will be provided as usual in the Pranives Ice Stadium.

## OTHER INFRASTRUCTURE

The **Press Conference** will take place at Tublá da Nives and the **Team Managers Meeting** in the Media Centre Culture House "Oswald von Wolkenstein" in Meisules street 144, about 50 m near the finish area.

The **Race Office** is situated at the Nives square right near the finish area. During the race, FCI/UCI members will have their position in the meeting room inside the Race Office.

## 12. MEDICAL

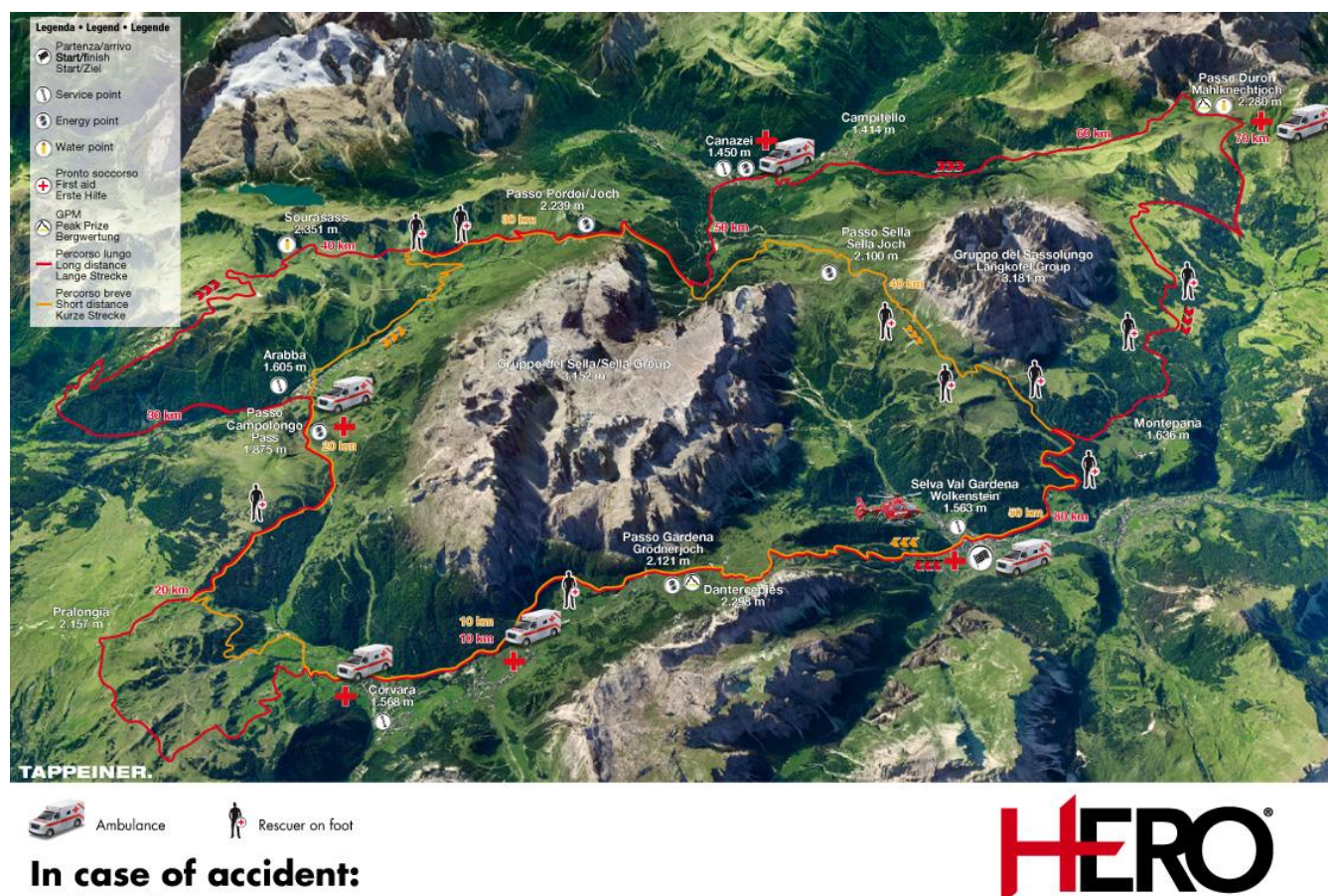
### EMERGENCY RESPONSE

A medical team will be in attendance during competition times. The medical team will consist of doctors, paramedics and first responders. These resources will be located on courses as well as at the event medical centre.

The Medical Centre is situated in the fire station next to the Culture House "Oswald von Wolkenstein".

**EMERGENCY NUMBER: 112**

### MEDICAL POINTS



### First AID location

Location	KM	
Colfosco	9.70	Ambulance
Corvara	11.80	Ambulance
Las Vegas	22.11	Medical Assistance
Arabba	29.40	Ambulance
Passo Pordoi	40.26	Medical assistance
Lupo Bianco	53.95	Ambulance
Canazei	55.45	Ambulance
Passo Duron	68.55	Warm tend civil defence
Zallinger	77.55	Ambulance
Monte Pana	79.83	Medical assistance
Passo Sella	53.39	Medical assistance
Start/Finish Selva Val Gardena	Start/Finish	Ambulance

Race safety will be guaranteed by:

1 central medical surgery in Selva Val Gardena

1 emergency helicopter located at the heliport in Pontives/Ortisei

7 ambulances located in the villages of Selva Val Gardena, Corvara, Arabba, Canazei, Passo Duron

200 Rescuer on foot/volunteers/Alpine guides on the race routes

### EMERGENCY SERVICES Start/Finish area

Selva Val Gardena, Dr. Aba Fallaha, Via Meisules 247, Tel. +39 0471 794111

Selva Val Gardena, Dr. Valentin Tröbinger, Via Dantercepies, 2/A,

Tel. + 39 0471 773073

### NEARBY Public HOSPITALS

- 38 km Bressanone, Via Dante, 51  
Hospital switchboard Tel.: +39 0472/81 21 11  
Emergency Room: Tel.: +39 0472/81 24 44, Fax 0472/81 24 49  
e-mail: [prontosoccorso@as-bressanone.it](mailto:prontosoccorso@as-bressanone.it)
- 67 km Bolzano, Via Lorenz Böhler 5  
Hospital switchboard Tel.: +39 0471 908 111  
Emergency room: +39 0471 908 330

### NEARBY PRIVAT CLINIC

4 km Dolomiti Sportclinic, Ortisei, Via Purger 181

Hospital switchboard Tel.: +39 0471/086000

e-mail: [info@dolomiti.sportclinic.com](mailto:info@dolomiti.sportclinic.com)

The hospital, in which the injured person will be transported, will depend on the valley in which the incident happened. Here the hospitals for each valley:

### Val Gardena/Alpe di Siusi:

Hospital of Bressanone, Via Dante 51

Hospital switchboard Tel.: +39 0472/81 21 11

Emergency Room: Tel.: +39 0472/81 24 44, Fax 0472/81 24 49

e-mail: [prontosoccorso@as-bressanone.it](mailto:prontosoccorso@as-bressanone.it)

Hospital of Bolzano, Via Lorenz Böhler 5

Hospital switchboard Tel.: +39 0471 908 111  
Emergency room: +39 0471 908 330

**Val Badia:**

Hospital Brunico, Via Ospedale 11  
Hospital switchboard Tel.: +39 0474 581 111  
Emergency room: +39 0474 581200

**Arabba:**

Hospital Belluno, Viale Europa 22  
Hospital switchboard Tel.: +39 0437 516111  
Emergency room: +39 0438 665212

**Val di Fassa**

Hospital Cavalese, Via Dossi 17  
Hospital switchboard Tel.: +39 0462 242111  
Emergency room: +39 0462 242204

Hospital Trento, Largo Medaglie d'Oro 9  
Hospital switchboard Tel.: +39 0461/903111  
Emergency room: +39 0461 903206

**HELICOPTER RESCUE**

**HELICOPTER PHONE NUMBER: 118**

HELICOPTER RESCUE

Aiut Alpin Dolomites helicopter located at the heliport in Pontives/Ortisei

HELIPORT

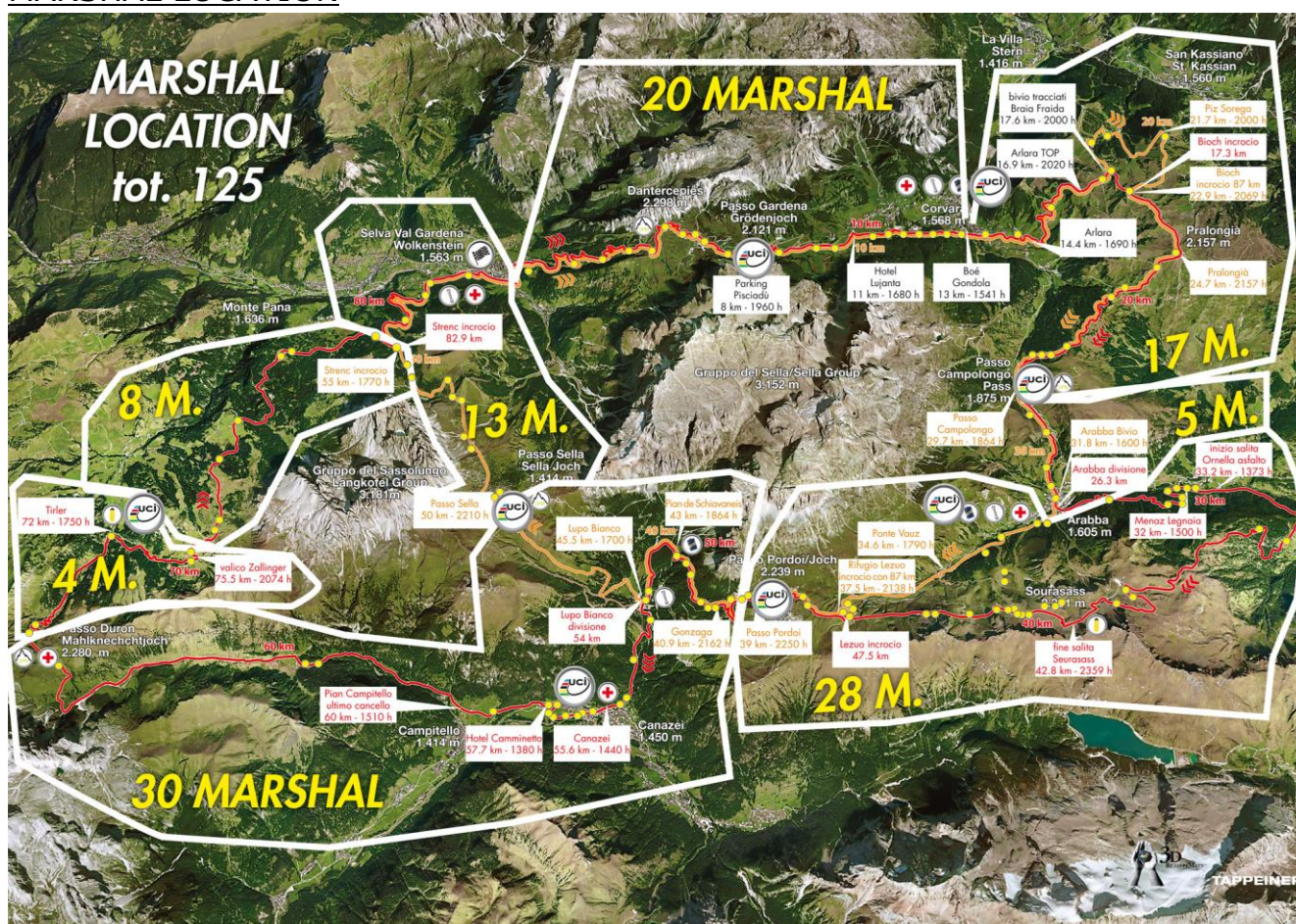
10 km Pontives 26/A, 39040 Laion (BZ)

**MASSAGE**

The massage tend is located in the HERO/ZERO Village.



## MARSHAL LOCATION



Location	Number of persons	Time
Selva Start - Corvara	20	07.10 – 10.45
Corvara - Campolongo	17	07.50 – 12.30
Campolongo – Arabba	5	08.35 – 13.15
Arabba – Passo Pordoi	28	08.35 – 16.00
Passo Pordoi – Passo Duron	30	09.50 – 18.15
Passo Duron - Zallinger	4	11.30 – 18.30
Passo Sella – Selva Val Gardena	13	09.50 – 18.30
Zallinger – Monte Pana	8	11.50 – 17.00
Selva Finish	30	04.00 – 20.00

## 13. USEFUL INFORMATION

### CLIMATE & TIME DIFFERENCE

**Climate:** in June, the temperatures vary between 10°C and 25°C

**Time difference:** GMT + 2

### VOLTAGE

The standard voltage through Italy is 230V-50Hz. An adapter plug would be required to connect appliances brought from overseas to the domestic power supply.

### VISA

European Community citizens do not need a visa, but need an identity card or passport. All other nationalities have to contact the Italian consulate or embassy in their country.

### PRESS ACCREDITATION

The accreditation office for journalists, photographers and TV staff is located at the Media Centre "Oswald von Wolkenstein" in Meisules street 144, fully equipped for the needs of the authorized personnel.

The Media Centre will be open from Thursday 13 June until Saturday 15 June 2024.

**Office hours:**

Thursday 13 June 2024	3 pm -	6 pm
Friday 14 June 2024	10 am -	6 pm
Saturday 15 June 2024	8 am -	6 pm

Accreditation enquires must be sent by filling in the provided accreditation request on the following homepage: <https://www.herodolomites.com/en/press/accreditation?page=accreditation>

**HERO**™ | SERIES



**SEE YOU AT THE RACE!**

For any queries, please contact us at  
[info@herodolomites.com](mailto:info@herodolomites.com)